



ASCENSION JIU-JITSU OPEN 2008

Hosted by SALVOSA BJJ ASCENSION



Rules:

CJA Official Rules and Scoring: http://www.canadianjiujitsu.com/competition_rules.htm

Children's Divisions (6 -8 & 9-10 years): No submissions, control point scoring.
Children's divisions will be organized by age and weight on the day of the event (Sunday), Gi only.

Youth Division 1 (11-12 years): Limited submissions (no chokes or small joint attacks), control point scoring.
Youth Division 2 (13-14 years): Limited submissions (no small joint attacks), control point scoring.
Youth divisions will be organized by weight on the day of the event (Sunday), Gi only.

Junior Divisions (15 to 17 years): Limited Submissions (no small joint attacks), control point scoring, Gi and No-Gi.

Submissions NOT permitted in any of the Youth & Junior Divisions: Leg locks (straight or twisting), wrist locks, pressure points, neck cranks.

* Specific rules for ADULT divisions will be discussed in the Rules Clinic.

Adult Divisions:

Skill levels for both women and men:

Beginner: 0 to 1.5 years experience / BJJ White Belt (Gi Divisions)

Intermediate: 1.5 to 3 years experience / BJJ Blue Belt (Gi Divisions)

Advanced: 3 years experience and over / BJJ Purple-Brown-Black Belt (Gi Divisions)

Note: All competitors must wear corresponding belt colour for all matches in Gi Divisions

Divisions for both Gi and No-Gi:

Women's Divisions: 124.9 pounds and under; 125.0 to 144.9 pounds; 145.0 pounds and over.

Men's Divisions:

Lightweight 139.9 pounds and under

Welterweight 140.0 to 154.9 pounds

Middleweight 155.0 to 169.9 pounds

Light Heavyweight 170.0 to 184.9 pounds

Cruiserweight 185.0 to 204.9 pounds

Heavyweight 205.0 to 224.9 pounds

Super Heavyweight 225.0 pounds and over

Junior Divisions:: (Beginner Division is under 1.5 years experience; Advanced Division is over 1.5 years experience)

Featherweight 129.9 pounds and under

Lightweight 130.0 to 154.9 pounds

Middleweight 155.0 to 184.9 pounds

Heavyweight 185.0 pounds and over

